Nonsteroidal anti-inflammatory drugs (NSAIDs) such as sulindac sulfide (SS) display promising antineoplastic properties, but toxicities resulting from COX inhibition limit their clinical use. Although COX inhibition is responsible for the anti-inflammatory activity of SS, recent studies suggest that phosphodiesterase (PDE) 5 inhibition and activation of cyclic guanosine monophosphate (cGMP) signaling are closely associated with its ability to induce apoptosis of tumor cells. However, the underlying mechanisms responsible for apoptosis induction, factors that influence sensitivity of tumor cells to SS, and the importance of PDE5 for breast tumor cell growth have not been established. Here we show that SS can induce apoptosis of breast tumor cells, which predominantly rely on PDE5 for cGMP hydrolysis but not normal mammary epithelial cells, which rely on PDE isozymes other than PDE5 for cGMP hydrolysis. Inhibition of PDE5 and activation of protein kinase G (PKG) by SS was associated with increased β-catenin phosphorylation, decreased β-catenin mRNA and protein levels, reduced β-catenin nuclear localization, decreased T-cell factor/lymphoid enhancer factor (Tcf/Lef) promoter activity, and decreased expression of Wnt/β-catenin–regulated proteins. Suppression of PDE5 with siRNA or known PDE5 inhibitors was sufficient to selectively induce apoptosis and attenuate β-catenin–mediated transcription in breast tumor cells with minimal effects on normal mammary epithelial cells. These findings provide evidence that SS induces apoptosis of breast tumor cells through a mechanism involving inhibition of PDE5 and attenuation of oncogenic Wnt/β-catenin–mediated transcription. We conclude that PDE5 represents a novel molecular target for the discovery of safer and more efficacious drugs for breast cancer chemoprevention.

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Consequently, these toxicities have precluded the widespread use of NSAIDs and COX-2-selective inhibitors for cancer chemoprevention.

Because inflammation is closely associated with tumorigenesis and COX-2 has been shown to be overexpressed in precancerous and malignant lesions (8, 9), COX-2 inhibition and the suppression of prostaglandin synthesis is widely accepted as being the primary mechanism responsible for the anticancer activity of the NSAIDs. However, numerous studies have concluded that a COX-independent mechanism may either contribute to or be fully responsible for the chemopreventive activity of NSAIDs (10, 11). For example, the sulfone metabolite of sulindac has been shown to inhibit tumorigenesis in various experimental models, including chemically-induced mammary tumorigenesis, despite its inability to inhibit COX (12–15).

Cyclic guanosine monophosphate phosphodiesterases (cGMP PDE), a group of enzymes responsible for negatively regulating cGMP signaling by catalyzing the hydrolysis of the second messenger, cGMP, have previously been reported to be inhibited by sulindac sulfone as well certain NSAIDs, which suggests that this family of isozymes may be an important off-target effect that is responsible for or contributes to the antineoplastic properties of this important class of chemopreventive drugs (16–18). Recently, our laboratory has shown that the COX inhibitory sulfide metabolite of sulindac can preferentially inhibit the cGMP-specific PDE5 isozyme, resulting in elevation of intracellular cGMP levels and activation of protein kinase G (PKG). The PDE5 inhibitory activity of SS was closely associated with its ability to inhibit tumor cell growth and induce apoptosis (18, 19). However, neither the mechanism by which activation of PKG promotes apoptosis of tumor cells nor the role of PDE5 expression in breast tumor cell growth and survival has been well defined.

Here we show that siRNA knockdown of PDE5 is sufficient to induce apoptosis of human breast tumor cells and that selective inhibition of PDE5 activity through use of either siRNA or pharmacologic inhibitors can suppress β-catenin transcriptional activity. In addition, we show that PDE5 expression is associated with the sensitivity of breast tumor cells to SS. These studies show an important role of PDE5 in breast tumor cell survival and suggest that targeting this isozyme could lead to the discovery of new breast cancer chemopreventive drugs with enhanced efficacy and reduced toxicity.

Materials and Methods

Drugs and reagents

Sulindac sulfide and milrinone were purchased from Sigma-Aldrich and EHNA and MY5445 from Enzo Life Sciences. Sildenafil was a generous gift from Pfizer. Tadalafil was extracted from pharmacy obtained tablets containing 0.5% SureFECT transfection reagent and 200 nmol/L of either negative control or PDE5A siRNA and incubated at 37°C for 24 hours prior to treatment or 96 hours if untreated. The effect of treatment on growth was measured with the CellTiter-Glo Assay (Promega).

Apoptosis assay

Microtiter plates (96-well) were seeded at a density of 10,000 cells per well. For drug assays, cells were incubated at 37°C for 72 hours following drug treatment. For siRNA assays, cells were transfected with OptiMEM media containing 0.5% SureFECT transfection reagent and 200 nmol/L of either negative control or PDE5A siRNA and incubated at 37°C for 96 hours. Activity of caspases 3 and 7 was measured using the Caspase-Glo 3/7 Assay (Promega).

Proliferation assay

Cells were seeded at a density of 1 × 10⁶ cells per 10-cm tissue culture dish and transfected with OptiMEM media containing 0.5% SureFECT transfection reagent and 200 nmol/L of either negative control or PDE5A siRNA then incubated at 37°C for 72 hours prior to the addition of 10 μmol/L EdU. After 24 hours of incubation with EdU, cells were harvested and analyzed using the Click-iT EdU Alexa Fluor 488 Proliferation Assay (Invitrogen) according to manufacturer’s specifications. The percentage of proliferating cells was quantified using a Guava EasyCyte Plus flow cytometer. A minimum of 5,000 events were collected for each treatment group with use of minimal electronic compensation.

Semiquantitative real-time PCR

MDA-MB-231 cells were seeded at a density of 1.5 × 10⁶ cells/T-75 flasks. After 24 hours, media was replaced with serum-free RPMI. After 18 hours of serum starvation, cells were treated with compound or vehicle control in serum-free media. After 4 hours of incubation with compound, cells were lysed and RNA was extracted using the AsyPrep Multisource Total RNA Miniprep Kit (Axygen) according to manufacturer’s specifications. The percentage of proliferating cells was quantified using a Guava EasyCyte Plus flow cytometer. A minimum of 5,000 events were collected for each treatment group with use of minimal electronic compensation.

Cells and cell culture

The human breast tumor cell lines MDA-MB-231 and ZR75-1 were obtained from American Type Culture Collection (ATCC) and grown under standard cell culture conditions in RPMI 1640 medium containing 5% FBS at 37°C in a humidified atmosphere with 5% CO₂. Human mammary epithelial cells (HMEC) were obtained from Lonza and grown according to the manufacturer’s specifications.
to manufacturer’s protocol. RNA (500 ng) was then reverse transcribed to cDNA using the RT² First Strand Synthesis Kit (SA Biosciences) according to manufacturer’s specifications. The expression of Wnt-related genes such as those encoding β-catenin and cyclin D1 was then determined using the Wnt Signaling PCR Array (SA Biosciences) in 96-well format. With the exception of performing 60 amplification cycles, the assay was conducted according to manufacturer’s specifications using an Eppendorf Real Plex thermal cycler.

**Cell lysis**

Cells were lysed and protein concentrations determined as described previously (18).

**PDE assay**

PDE activity in cell lysates was determined using the IMAP PDE assay as previously described (18). For experiments involving siRNA, 6-well tissue culture–treated plates were seeded at a density of 200,000 cells per well, immediately transfected as described above, and incubated at 37°C for 96 hours prior to cell lysis.

**cGMP assay**

Intracellular cGMP levels were measured as previously described (18).

**Immunoblotting**

PDE primary antibodies were purchased from GeneTex. All other primary and secondary antibodies were purchased from Cell Signaling Technology. Cell lysates (15 μg protein) were separated by SDS-PAGE in a 12% PAGE followed by electrophoretic transfer to a nitrocellulose membrane. The membranes were blocked with 5% nonfat dry milk (p-VASPSer239) or 5% bovine serum albumin (BSA) in TBS containing 0.05% Tween 20. Membranes were incubated with primary antibodies at 4°C overnight then with secondary horseradish peroxidase–conjugated antibody for 2 hours at room temperature. Protein bands were visualized using SuperSignal West Pico Enhanced Chemiluminescence Reagent (Pierce).

**β-Catenin imaging assay**

Cells were seeded in 96-well optical bottom microtiter plates at a density of 10,000 cells per well. After 18 to 24 hours, the growth media was replaced with serum-free media. After an additional 18 to 24 hours, cells were treated with compound or vehicle control for 45 minutes. β-Catenin signaling was then stimulated with Wnt3A-conditioned media from Wnt3A secreting L cells (ATCC). After 4 hours, cells were fixed with 4% formalin and blocked with 5% FBS. Cells were incubated with β-catenin primary antibody (BD Transduction Labs) for 2 hours followed by 1-hour incubation in secondary Alexa Fluor 488–conjugated antibody (Invitrogen). Nuclei were counterstained with DRAQ5. β-Catenin expression was visualized using an Evotec Opera confocal microscope with a 20× objective lens. Colocalization of Alexa Fluor 488 fluorescence with the nuclear stain was measured using Acapella image analysis software (Perkin Elmer).

**Tcf/Lef promoter activity assay**

ZR75-1 cells were plated in 24-well tissue culture–treated plates. After 24 hours of incubation, cells were transiently transfected with 0.1 μg of Super8XTOPFlash construct (kindly provided by Dr. Randall T. Moon, University of Washington, Seattle, WA) and 0.1 μg β-galactosidase–expressing vector (Promega). After 24 hours of transfection, cells were treated with compound or vehicle control for 24 hours. After treatment, cells were lysed and luciferase and β-galactosidase activities were measured using assay systems from Promega. Luciferase activity was normalized to β-galactosidase activity.

**Experimental design and data analysis**

Drug effects on cell growth and PDE activity were measured and the potency expressed as an IC₅₀ value, which is the concentration resulting in 50% inhibition when compared with the vehicle control. Dose–response curves were constructed using Prism5 software (GraphPad), which calculates IC₅₀ values using a 4-parameter logistic equation. Experiments were carried out with a minimum of 3 replicates per data point and each experiment was carried out a minimum of 3 times to verify reproducibility. Graphs were constructed from a single representative experiment and values represent a comparison between drug treatment at the specified concentration and untreated controls. Error bars represent SEM. Each data set was subjected to a normal quantile plot test for nonnormality. Calculation of P values in normally distributed sample sets was done by comparing the specified treatment group to vehicle-treated controls using a Student’s t test.

**Results**

**Tumorigenicity of human breast cells and sensitivity to SS correlate with PDE5 expression**

To determine the role of PDE5 inhibition in mediating the anticancer properties of SS, we determined the sensitivity of estrogen receptor–positive and -negative human breast tumor cell lines, MDA-MB-231 and ZR75-1, respectively, to the effects of SS on cGMP PDE activity in cell lysates, intracellular cGMP levels, and the activity of caspases 3 and 7, an early marker of apoptosis. These effects were then compared with the effects on primary cultures of normal HMECs. As shown in Figure 1A, SS inhibited cGMP PDE activity in lysates of the breast tumor cell lines with IC₅₀ values of approximately 100 μmol/L, which was comparable to concentration required for growth inhibition as previously reported (18). By comparison, SS caused only marginal inhibition of cGMP hydrolysis in lysates from HMEC, which displayed reduced sensitivity to the growth inhibitory activity of SS. SS treatment also caused a 3- to 4-fold increase in the intracellular levels of cGMP in the breast tumor cell lines.
This effect peaked with 100 μmol/L of SS treatment and occurred at concentrations comparable to those necessary for inhibition of cGMP PDE in the lysates from the respective breast tumor cell lines. SS did not increase intracellular cGMP levels in HMEC.

The effects of SS on apoptosis induction as measured by the activity of caspases 3 and 7 closely mirrored its effects on cGMP PDE inhibition in the cell lysates and intracellular cGMP levels in intact cells. SS treatment resulted in as much as a 12-fold increase in the activity of caspases 3 and 7 in the breast tumor cell lines (Fig. 1C) but did not induce caspase activity in HMECs. On the other hand, HMECs were able to undergo apoptosis when treated with the nonselective apoptosis inducer, staurosporine.

We also evaluated the activity and expression of cGMP-degrading PDE isozymes in the breast tumor cell lines and HMECs. First, we measured the sensitivity of lysates from HMECs, MDA-MB-231, and ZR75-1 to inhibition of cGMP hydrolysis by the PDE2-selective inhibitor EHNA, the PDE3-selective inhibitor milrinone, or the PDE5-selective inhibitor sildenafil, or as measured by fold increase in cGMP hydrolysis after treatment with the activators of PDE1, calcium, and calmodulin (CaM). Western blotting revealed that MDA-MB-231 and ZR75-1 breast tumor cell lines displayed different PDE isozyme expression patterns when compared with HMECs, as shown in Figure 1E. Namely, HMECs expressed a variety of cGMP PDE isozymes, including 2 splice variants each of PDE1 and PDE9, which were not detected in the tumor cell lines. By comparison, both breast tumor cell lines expressed high levels of PDE5, which were not detected in the HMEC. Consistent with the insensitivity of cGMP hydrolysis in breast tumor cell or HMEC lysates to PDE2

PDE5-selective inhibitor sildenafil. As shown in Figure 1D, only sildenafil significantly inhibited cGMP hydrolysis in the lysates from the breast tumor cell lines yet sildenafil had no effect on cGMP hydrolysis in lysates from HMECs. The effects of calcium and calmodulin, specific activators of PDE1, were also measured and found to cause a 12-fold increase in cGMP PDE activity in lysates from HMEC but had no effect on cGMP hydrolysis in lysates from the breast tumor cell lines.

Western blotting revealed that MDA-MB-231 and ZR75-1 breast tumor cell lines displayed different PDE isozyme expression patterns when compared with HMECs, as shown in Figure 1E. Namely, HMECs expressed a variety of cGMP PDE isozymes, including 2 splice variants each of PDE1 and PDE9, which were not detected in the tumor cell lines. By comparison, both breast tumor cell lines expressed high levels of PDE5, which were not detected in the HMEC. Consistent with the insensitivity of cGMP hydrolysis in breast tumor cell or HMEC lysates to PDE2.
and PDE3 isozyme–specific inhibitors, neither of the cell types expressed appreciable levels of PDE2 or PDE3.

**Inhibition of PDE5 is associated with attenuation of β-catenin–mediated transcription**

Previous studies have shown that SS and sulindac sulfone can suppress nuclear levels of β-catenin and that β-catenin can serve as a substrate for PKG in cell-free assays (17, 19–23). To determine whether these effects are related to PDE5 inhibition and whether PKG can phosphorylate β-catenin in intact cells, we evaluated the expression of β-catenin phosphorylated at the serine 33, serine 37, or threonine 41 residues after 2 hours of SS treatment and compared this with overall β-catenin expression after 48 hours of treatment by Western blotting. As shown in Figure 2A, treatment of the MDA-MB-231 breast tumor cell line with SS caused a 2-fold increase in the expression of phosphorylated β-catenin and a 75% decrease in overall β-catenin expression. Conversely, SS treatment did not affect the expression of phosphorylated or total β-catenin in HMECs.

We also measured treatment effects of SS and MY5445, a PDE5-selective inhibitor that can inhibit breast tumor cell growth and induce apoptosis (18), on β-catenin mRNA levels in the MDA-MB-231 breast tumor cell line by semi-quantitative real-time PCR. As shown in Figure 2B, both compounds decreased the expression of β-catenin mRNA levels, which resulted in a complete loss of detection of

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**Figure 2.** Inhibition of PDE5 is associated with attenuation of β-catenin–mediated transcription. A, effect of SS on expression of β-catenin phosphorylated at the serine 33, serine 37, or threonine 41 residues after 2 hours of treatment or expression of total β-catenin after 48 hours of treatment in HMECs and MDA-MB-231 cells by Western blotting. RhoA was used as a loading control. B, relative levels of β-catenin mRNA in MDA-MB-231 cells after 4 hours of treatment with 100 μmol/L SS or 50 μmol/L MY5445 as measured by semiquantitative real-time PCR. DMSO (0.1%) was used as a vehicle control. C, representative images from β-catenin imaging assay depicting the effects of 4 hours of Wnt3A stimulation with (bottom) or without (top) 1 hour of pretreatment with SS in MDA-MB-231 cells. D, quantification of the effects of SS or MY5445 treatment on Wnt3A induced β-catenin nuclear localization in MDA-MB-231 and ZR75-1 breast tumor cells. E, activity of Tcf/Lef transcription factors after 24 hours of SS treatment in ZR75-1 cells as measured by luciferase reporter assay.

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\(\beta\)-catenin mRNA. Thus, SS can increase the phosphorylation of \(\beta\)-catenin to trigger protein degradation and can also suppress the synthesis of \(\beta\)-catenin.

\(\beta\)-Catatenin mediates gene transcription in response to Wnt stimulation by translocating from the cell surface or cytosol to the nucleus where it can bind to and activate the T-cell factor/lymphoid enhancer factor (Tcf/Lef) family of transcription factors (24). To determine treatment effects of SS on the nuclear pool of \(\beta\)-catenin, we developed an imaging assay to measure nuclear \(\beta\)-catenin levels following stimulation with Wnt3A-conditioned medium. As shown in Figure 2C (top), Wnt stimulation increased nuclear levels of \(\beta\)-catenin in the MDA-MB-231 breast tumor cell line. Pretreatment with SS or MY3445 resulted in decreased levels of nuclear \(\beta\)-catenin (Fig. 2C, bottom and 2D) in the MDA-MB-231 and ZR75-1 breast tumor cell lines at concentrations that inhibited cGMP hydrolysis and increased intracellular cGMP levels. In addition, the effect of SS on Tcf/Lef transcriptional activity in the ZR75-1 breast tumor cell line was determined using the TOPflash luciferase reporter assay. As shown in Figure 2E, SS caused a 40% to 45% reduction in the activity of these transcription factors, which is consistent with reduced \(\beta\)-catenin nuclear levels.

As further evidence that inhibition of PDE5 and activation of PKG are associated with the attenuation of \(\beta\)-catenin-mediated transcription, we evaluated the effects of SS on the expression of survivin, which is an important oncogenic protein known to be regulated by \(\beta\)-catenin (25) and compared with the effects on vasodilator-stimulated phosphoprotein (VASP) phosphorylation, an intracellular marker of PKG activity (26). First, we measured the time-dependent effects of SS treatment in MDA-MB-231 and HMECs (Fig. 3A). SS reduced survivin protein levels in the breast tumor cells, which is consistent with inhibition of \(\beta\)-catenin transcriptional activity. This effect on survivin expression was inversely proportional to the effects on VASP phosphorylation, reaching its maximum effect after 4 hours of treatment. HMECs did not express detectable levels of survivin; therefore, we were unable to measure an effect on this protein with SS treatment. Dose-dependent effects of SS treatment on survivin expression were also determined (Fig. 3B). Consistent with the time course studies, SS reduced expression of survivin in the breast tumor cells but not in the HMECs due to lack of survivin expression. Again, these effects were inversely proportional to the effects on VASP phosphorylation, each peaking with 100 \(\mu\)mol/L of treatment.

To determine whether the effects of SS on survivin expression may be related to PDE5 inhibition, the effects of the PDE5-selective inhibitors, MY3445 and tadalafil were also evaluated in the MDA-MB-231 breast tumor cell line (Fig. 3C). MY3445 and tadalafil caused a dose-dependent increase in VASP phosphorylation after 3 hours of treatment. Furthermore, both compounds caused a dose-dependent decrease in survivin protein levels, which was inversely proportional to the effects on VASP phosphorylation. These effects occurred at concentrations comparable to those necessary for inhibition of MDA-MB-231 growth (Fig. 3D).

**Suppression of PDE5 with siRNA is sufficient to selectively induce apoptosis of breast tumor cells through a mechanism involving attenuation of \(\beta\)-catenin-mediated transcription**

To further characterize the importance of PDE5 for breast tumor cell growth and survival, siRNA was used to suppress PDE5 expression in HMEC and ZR75-1 breast cells. As shown in Figure 4A, PDE5 siRNA caused a significant reduction in PDE5 mRNA and protein levels in both the ZR75-1 tumor cell line and HMECs. Consistent with its known substrate specificity for cGMP and expression profiling as described above, PDE5 suppression by siRNA resulted in a 40% reduction in cGMP hydrolysis in lysates from the ZR75-1 cell line but had no effect on cyclic AMP (cAMP) hydrolysis or hydrolysis of cAMP or cGMP in lysates from siRNA-treated HMECs (Fig. 4B).

Suppression of PDE5 with siRNA reduced ZR75-1 growth but had no effect on the growth of HMECs (Fig. 4C). This effect appeared to be associated with induction of apoptosis rather than inhibition of proliferation because PDE5 siRNA did not significantly affect proliferation of either ZR75-1 or HMECs, as measured by bromodeoxyuridine (BrdU) incorporation. Conversely, PDE5 siRNA increased caspase activity in ZR75-1 tumor cells but had no effect on caspase activity in HMECs.

To evaluate the effects of PDE5 suppression on \(\beta\)-catenin-mediated transcription, we measured the effects of PDE5 siRNA on nuclear localization of \(\beta\)-catenin in the ZR75-1 breast tumor cell line. As shown in Figure 4D, PDE5 siRNA treatment resulted in a significant decrease in nuclear localization of \(\beta\)-catenin in response to Wnt stimulation. Consistent with the selective effect of PDE5 siRNA on apoptosis, PDE5 suppression was associated with reduced survivin expression in the ZR75-1 tumor cell line (Fig. 4E).

The effect of PDE5 siRNA on the sensitivity of ZR75-1 breast tumor cell line to the growth inhibitory potency of SS was also evaluated. As shown in Figure 4F, the knockdown of PDE5 by siRNA sensitized the cells to the growth inhibitory effects of SS, as evidenced by a significant reduction in the IC\textsubscript{50} value. As a control compound, the PDE5 inhibitor MY3445 was also evaluated and siRNA was found to cause a similar reduction in the IC\textsubscript{50} value.

**Discussion**

We previously reported that PDE5 inhibition and activation of cGMP/PKG signaling are closely associated with the tumor cell growth inhibitory and apoptosis inducing activity of SS as well as certain other NSAIDs (18, 19). However, the downstream mechanism responsible for mediating the induction of apoptosis following PKG activation has not been defined, nor has the importance of PDE5 for breast tumor cell growth and survival been recognized. Here we show that the MDA-MB-231 and
ZR75-1 breast tumor cell lines rely predominantly on PDE5 for hydrolysis of cGMP, that selective inhibition of this cGMP-specific isozyme with SS, known PDE5 inhibitors, or siRNA is sufficient to induce apoptosis of breast tumor cells, and that the proapoptotic effects of PDE5 inhibition are mediated through attenuation of β-catenin–mediated transcription.

Normal mammary epithelial cells, as is likely the case with other cell types, appear to rely more heavily on multiple PDE isozymes, such as PDE1 or PDE9, for cGMP hydrolysis, whereas breast tumor cells appear to rely predominantly on PDE5 for cGMP hydrolysis. This was shown by measuring cGMP hydrolysis in cell lysates, which revealed that breast tumor cell lysates were more sensitive than lysates from HMECs to inhibition by the PDE5-selective inhibitor sildenafil, whereas lysates from HMECs were more sensitive to the PDE1 activators, calcium and calmodulin. PDE isozyme profiling by Western blotting also revealed high levels of PDE5 and low levels of other cGMP PDE isozymes in the breast tumor cells. We therefore conclude that PDE5 inhibition by SS can account for its improved potency to induce apoptosis of breast tumor cell growth.

Figure 3. Inhibition of PDE5 is associated with decreased survivin expression. A, time-dependent effects of 100 μmol/L SS treatment on the expression of p-VASP^{Ser239} and survivin in HMECs and MDA-MB-231 cells. RhoA was used as a loading control. B, dose-dependent effects of 2 hours of SS treatment on the expression of p-VASP^{Ser239} and survivin in HMECs, MDA-MB-231, and ZR75-1 cells. C, dose-dependent effects of 3 hours of MY5445 or tadalafil treatment on p-VASP^{Ser239} and survivin expression in MDA-MB-231 cells. RhoA was used as a loading control for tadalafil treatment. Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was used as a loading control for tadalafil treatment. D, effects of tadalafil and MY5445 on MDA-MB-231 breast tumor cell growth.
lines, given its specificity to inhibit PDE5 without affecting PDE1 or PDE9 (18). Furthermore, the PDE5 expression pattern observed here is consistent with a previous study that reported high levels of PDE5 expression in invasive breast tumor cells from clinical biopsies but not in the surrounding normal tissue (27) as well as other studies that have reported high levels of PDE5 expression in carcinomas from colon (19), bladder (28), and lung (29). Consistent with these observations, cGMP levels have been reported to be decreased in colon tumors compared with normal colon mucosa (30). Although PDE5 has not been recognized to play a role in tumor cell survival, our results suggest the possibility that its expression in tumor cells and resulting decreased intracellular cGMP levels may stimulate tumor cell proliferation or inhibit apoptosis, although further studies are needed to fully define a role in tumorigenesis.

As evidence that PDE5 is necessary for the growth and survival of breast tumor cells, selective inhibition of PDE5 with SS, known pharmacologic inhibitors (e.g., MY5445 and tadalafil) and PDE5 siRNA were sufficient to inhibit growth and induce apoptosis of breast tumor cells, which is consistent with the increased reliance of these cells on PDE5 for cGMP hydrolysis. Although SS may have additional targets that are relevant for cancer chemoprevention, especially inhibition of COX and suppression of prostaglandin synthesis (18, 31–33), PDE5 inhibition appears to be more closely associated with its tumor cell growth inhibitory activity compared with COX-2 inhibition (18, 19). In support of this possibility, PDE5 knockdown by siRNA increased the sensitivity of breast tumor cells to SS.

We also investigated the potential involvement of the Wnt/β-catenin pathway in the proapoptotic effects of PDE5 inhibition because deregulation of this pathway is common in breast cancer (34) and attenuation of Wnt signaling at the level of β-catenin has been previously implicated in...
the proapoptotic effects of SS and sulindac sulfone (17, 19–
23, 35). Although previous studies have reported the ability
of PKG to phosphorylate β-catenin in cell-free models, we
provide here the first evidence that cGMP signaling can
increase β-catenin phosphorylation in intact cells and that
this effect appears to be tumor cell specific given that this
effect was not apparent in normal mammary epithelial
cells. Consistent with these observations, we found that
activation of PKG by PDE5 inhibitors or PDE5 siRNA was
also associated with attenuation of β-catenin–mediated
transcription as measured by expression of total or phos-
phorylated β-catenin, nuclear localization of β-catenin,
activity of Tcf/Lef transcription factors, and expression of
proteins that are regulated by Tcf/Lef–mediated transcrip-
tion. All of these effects occurred at comparable concentra-
tions necessary for inducing apoptosis of the breast tumor
cells, showing that attenuation of β-catenin–mediated
transcription is an important mediator of cGMP-dependent
apoptosis induction in breast tumor cells.

Taken together, these findings show the importance of
PDE5 expression and activity for the survival of breast tumor
cells as well as sensitivity to SS. Although the concentrations
of SS described here are significantly higher than plasma
consentations that can be achieved with standard dosages
of sulindac (36), these results suggest that PDE5 inhibition
may be an important off-target effect responsible for its
anticancer properties observed in vitro, which could lead to
the discovery of safer and more efficacious drugs for cancer
chemoprevention. As depicted in Figure 5A, we hypothesize
that selective inhibition of PDE5 with compounds such as
SS induces apoptosis through a mechanism involving
elevation of intracellular cGMP levels, activation of PKG,
and attenuation of β-catenin–mediated transcription. How-
ever, the expression of other PDE isozymes (e.g.,
PDE1 and PDE9) in the normal breast cells compensates
for the loss of cGMP hydrolysis by PDE5, ultimately desen-
sitizing these cells to the proapoptotic effects of SS
(Fig. 5B). These findings show that PDE5 is an important
protein necessary for breast cancer cell growth and survival
that warrants further study to assess the role of this enzyme
and signaling pathway in carcinogenesis.

Disclosure of Potential Conflicts of Interest

No potential conflicts of interest were disclosed.

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