Molecular Markers of Carcinogenesis for Risk Stratification of Individuals with Colorectal Polyps: A Case–Control Study

Samir Gupta1,2, Han Sun3, Sang Yi4, Joy Storm5, Guanghua Xiao6, Bijal A. Balasubramanian7,8, Song Zhang9, Raheela Ashfaq9, and Don C. Rockey10

Abstract

Risk stratification using number, size, and histology of colorectal adenomas is currently suboptimal for identifying patients at increased risk for future colorectal cancer. We hypothesized that molecular markers of carcinogenesis in adenomas, measured via immunohistochemistry, may help identify high-risk patients. To test this hypothesis, we conducted a retrospective, 1:1 matched case–control study (n = 216; 46% female) in which cases were patients with colorectal cancer and synchronous adenoma and controls were patients with adenoma but no colorectal cancer at baseline or within 5 years of follow-up. In phase I of analyses, we compared expression of molecular markers of carcinogenesis in case and control adenomas, blind to case status. In phase II of analyses, patients were randomly divided into independent training and validation groups to develop a model for predicting case status. We found that seven markers [p53, p21, Cox-2, β-catenin (BCAT), DNA-dependent protein kinase (DNAPkcs), survivin, and O6-methylguanine-DNA methyltransferase (MGMT)] were significantly associated with case status on unadjusted analyses, as well as analyses adjusted for age and advanced adenoma status (P < 0.01 for at least one marker component). When applied to the validation set, a predictive model using these seven markers showed substantial accuracy for identifying cases [area under the receiver operation characteristic curve (AUC), 0.83; 95% confidence interval (CI), 0.74–0.92]. A parsimonious model using three markers performed similarly to the seven-marker model (AUC, 0.84). In summary, we found that molecular markers of carcinogenesis distinguished adenomas from patients with and without colorectal cancer. Furthermore, we speculate that prospective studies using molecular markers to identify individuals with polyps at risk for future neoplasia are warranted. Cancer Prev Res; 7(10); 1023–34. ©2014 AACR.

Introduction

Risk stratification of individuals with colorectal polyps using current surveillance guidelines is suboptimal (1). Current guidelines stratify patients into high- and low-risk categories based on number, size, and basic histologic analysis of polyps detected at colonoscopy (2–4). A number of studies have confirmed that the incidence of advanced neoplasia on follow-up among high- versus low-risk patient groups based on these criteria is clearly different—approximately 16% for patients with high-risk adenomas at baseline compared with 7% for patients with low-risk adenomas at baseline (5, 6). These findings suggest that genetic and environmental factors that cause high-risk adenomas continue to promote the development of incident high-risk adenomas in the future. However, risk stratification based on current high- and low-risk criteria are neither sensitive nor specific for detecting all patients who will have incident advanced neoplasia (5, 6). Prior studies suggest that the current approach to risk stratification is at most 68% sensitive, and 53% specific for predicting which patients will develop high-risk polyps on follow-up (5, 6).

Thus, despite guideline-recommended risk stratification based on number, size, and histology of polyps, many patients who go on to develop high-risk neoplasia on follow-up are incorrectly characterized as being low risk at baseline. Similarly, the use of current guidelines also results in characterizing many patients who only develop low-risk neoplasia on follow-up as high risk at index evaluation. The...
consequences of imprecise risk stratification are substantial, including under-surveillance of patients who will develop high-risk neoplasia, and over-surveillance of patients who will develop only low-risk or no neoplasia. New approaches for risk stratification are required.

One approach would be to apply the long-standing concept of "field carcinogenesis," (also known as "field effect," "field defect," and "field cancerization"), and the newly emerging concept of "etiologic field effect" to risk stratification of individuals with colorectal polyps (7–10). The concept of "field carcinogenesis" includes the principle that cancerous and noncancerous tissue within the same organ may share molecular characteristics that promote carcinogenesis. The newly emerging concept of "etiologic field effect" expands on the theory of "field carcinogenesis" by postulating that an environmental milieu (which may be represented by the microbiome, diet factors, and/or other exposures, such as smoking), exerts pressure (through interactions with host factors such as constitutive genetic makeup) toward development of cancers with a specific molecular phenotype. Although in our current approach to risk stratification of individuals with polyps we use baseline number, size, and histology of adenomas as markers of the sum effect of genetic and environmental factors, more precise markers that are a result of these sum effects might improve risk stratification (11).

Use of molecular markers of carcinogenesis may offer such an opportunity for developing a more precise approach to risk stratification of patients with polyps (12, 13). In this study, we have postulated that molecular changes within polyps may reflect both "field carcinogenesis" (changes that may be more likely to be present in adjacent normal tissue) as well as "etiologic field effects" (environmental pressures such as diet and intestinal microbiome) that will continue to be exerted on adjacent normal tissue, and thus be valuable markers for prediction of future neoplasia risk. This postulate is supported by work that has shown that synchronous neoplasia and normal tissue may share molecular changes such as O6-methylguanine-DNA methyltransferase (MGMT) promoter methylation (14), and that environmental exposures (such as smoking) may predispose to the development of neoplasia with specific molecular features (such as CpG island methylation and/or BRAF-mutated neoplasia in the case of smoking exposure; ref. 9). Accordingly, we further hypothesized that immunohistochemical expression of molecular markers of carcinogenesis may differ between polyps from patients at high and low risk for colorectal cancer. To test this hypothesis, we conducted a case–control study, in which cases were patients with colorectal cancer and a synchronous adenoma (high-risk patients) and controls were patients with adenoma but no synchronous colorectal cancer and at least 5 years of cancer-free follow-up (low-risk patients). We compared expression of a defined panel of molecular markers of carcinogenesis among adenomas from case and control patients, and found several markers that may improve ability to distinguish patients at high versus low risk for colorectal cancer. Our findings provide a proof of concept that use of molecular markers can potentially improve risk stratification of patients with colorectal polyps.

Materials and Methods

Study overview

We conducted a 1:1 matched retrospective case–control study, 2007–2012. Cases were patients with colorectal cancer and a synchronous adenoma at time of colorectal cancer diagnosis. Controls were patients with adenoma, but no colorectal cancer at time of index polyp diagnosis, and at least 5 years of cancer-free clinical follow-up, determined by medical record review. We considered adenomas from cases as indicative of high-risk patients because all of these patients had already had the outcome of greatest interest for risk prediction: colorectal cancer. We considered adenomas from controls to be indicative of a low-risk patient because none of these patients had colorectal cancer at baseline or on follow-up. These case and control groups were chosen on the basis of our reasoning that if polyp biomarkers could not distinguish adenomas from these groups, future prospective studies to evaluate marker utility among patients with adenoma identified by routine colonoscopy would not be warranted. Archived, paraffin-embedded adenoma samples were subjected to IHC as described below, blind to case–control status. The analysis consisted of two phases. In phase I, we compared ability of each molecular marker to distinguish cases from controls. In phase II, patients were randomly divided into independent training and validation groups to develop a model for predicting case status using markers from phase I that distinguished cases from controls. All cases and controls were identified from Parkland Health and Hospital System (Parkland), the primary safety-net health system for Dallas, TX. The University of Texas Southwestern Institutional Review Board approved the study. A waiver of written informed consent was approved by the Institutional Review Board for the study, including for data collection and analyses.

Case and control selection

Case and control adenoma inclusion/exclusion criteria.

We included case and control patients of age 40 years or older who had colorectal cancer and one or more synchronous adenomas 0.5 cm or larger in size. For cases, we required that synchronous adenomas had been diagnosed within 6 months of colorectal cancer diagnosis, either at time of colonoscopy or surgical resection. When more than one adenoma was present for the same candidate case or control patient, we selected the adenoma closest to 1 cm in size. If multiple adenomas were present and varied in dysplasia or presence of villous features, we selected the adenoma with the least advanced features for study inclusion.

We excluded candidate cases and controls when there was insufficient tissue for analysis, familial adenomatous polyposis, Lynch syndrome, or when there was a history of inflammatory bowel disease or colorectal surgery before the
index adenoma diagnosis. We also excluded candidate cases if we were unable to find a sex and 5-year age-matched control patient, or if pathology records did not confirm colorectal cancer diagnosis.

**Candidate case and control selection.** To identify cases, we obtained a random sample of patients with colorectal cancer meeting inclusion and exclusion criteria diagnosed 1997 through 2002. This time period allowed us to identify patients with at least 5 years of cancer-free clinical follow-up after index adenoma diagnosis for exclusion. Next, the list of candidate controls was stratified by sex, 5-year age categories, as well as by whether patients had any follow-up colonoscopy <3 or 3 or more years after index adenoma diagnosis. Once a case was identified, we searched the list of candidate controls to randomly select patients with an adenoma meeting inclusion/exclusion criteria below. To optimize inclusion of controls from patients with at least one follow-up colonoscopy after index adenoma diagnosis, we first matched cases to controls who had colonoscopy 3 or more years after index adenoma diagnosis. If no match was identified, we then matched to controls with colonoscopy within 3 years of index adenoma diagnosis. If still no match was found, we matched the case to a control with at least 5 years of clinical follow-up documenting colorectal cancer–free status.

**Measurements**

Clinical and demographic data. Clinical and demographic data for cases and controls were abstracted from paper and electronic medical records. Abstracted data included age, race/ethnicity, sex, height, weight, date of last follow-up, vital status, timing and findings of any follow-up colonoscopies, and number, histology, location, and size of any polyps diagnosed. For cases, summary Surveillance Epidemiology and End Results (SEER) cancer stage and colorectal cancer location were recorded.

Molecular markers. After identifying archived, paraffin-embedded case and control adenomas, we obtained up to 13, 5 μm in thickness slides of each specimen for IHC analysis. We selected the following protein markers as potential predictors of case versus control status for analysis: nuclear p53, nuclear p21, nuclear p27, nuclear β-catenin (b-catenin), cytoplasmic Cox-2, nuclear DNA-dependent protein kinase (DNApks), cytoplasmic survivin, cytoplasmic BRAF, cytoplasmic p27, nuclear MGMT, nuclear mutS homolog 2 (MSH2), nuclear mutl homolog 1 (MLH1), and human telomerase reverse transcriptase (hTERT; Supplementary Table S1). These markers were selected because of their hypothesized roles in colorectal carcinogenesis or as markers of carcinogenesis pathways (15–19), or because of prior studies suggesting a role for risk prediction among patients with colorectal polyps (12, 13). We hypothesized that some might be associated with rare but more advanced changes within an adenoma, while others might be more common across the spectrum of adenomas available. Brief rationale for inclusion of each marker studied, as well as details about antibodies used are provided in Supplementary Table S1 (20–40).

**IHC technique and interpretation.** IHC was performed using either Ventana or the Dako automated staining systems (Ventana Ultraview or the Dako Biocare Polymer Detection System, respectively) using standardized protocols. (Details on IHC technique can be found in Supplementary Table S1.) Interpretation and scoring of IHC results were done by a single pathologist (R. Ashfaq) in a blinded fashion. Visual semiquantitative staining was performed for markers with cytoplasmic localization (b-catenin, survivin, COX-2, and BRAF). Visual scores were performed using an intensity scale of 0 (negative) to 3+ and percentage of cells staining (0%–100%). Quantitative automated cellular imaging system (ACIS; Dako) scores for staining intensity and percentage of cells staining were generated for markers with predominant nuclear expression (p53, MGMT, p21, DNA Pkcs, p27, and MSH2).

**Outcome assessment.** The primary outcome of interest was the probability of being a case (i.e., having colorectal cancer, case status). The primary predictors of interest were levels of expression of the panel of molecular markers of carcinogenesis within case and control adenomas. After conducting all molecular analyses, we first eliminated markers that were noninformative for the majority of case and/or control specimens due to either insufficient tissue, or technical failure of IHC staining. This occurred for the p27, BRAF, telomerase, MSH2, and MLH1 antibodies. Next, we examined the distribution of marker results blind to case–control status. Because results were not normally distributed, we used Box-Cox transformation (41) and used these transformed data for our subsequent analyses. We conducted analyses in two phases. Phase I was our primary case–control analysis, in which we conducted univariate and multivariate logistic regression analyses to evaluate the association of individual marker results with case status. In these analyses, we included all case–control adenomas, regardless of whether a given adenoma had missing data for one or more markers. We constructed multivariate logistic regression models for each marker result, after adjusting for age and advanced adenoma status, as well as for results of other markers. Even though cases and controls were matched on age, we further adjusted for age in regression models because of observed inconsistencies in the protocol for age-matching in our study. P < 0.05 was considered statistically significant for all comparisons.

In phase II, we created and validated a prediction model for case status using marker results. We randomly assigned half of all case and control adenomas with informative results for all IHC markers into a training set, and the other half into a test validation set. The training set prediction model was developed using a Random Forest algorithm,
and then tested in the validation set. Random Forest is an ensemble learning method using classification tree as the base classifier, and the prediction results are obtained by majority votes of the classification trees. The Random Forest algorithm has been shown to perform well in many classification and prediction problems, especially with high-dimensional data (42, 43). To evaluate the prediction performance in the validation set, we plotted receiver operating characteristic (ROC) curves for case status prediction. Predictive accuracy in the validation set for the entire model was summarized using sensitivity and specificity for case status, as well as area under the ROC curve (AUC), with associated 95% confidence intervals (CI).

Secondary analyses. Using the test validation set created for our phase II analysis, we also used data on the three most predictive markers in the training Random Forest model to determine the predictive accuracy of these three markers alone in predicting case status. All analyses were conducted R Linux 64 bit 2.14.

Results

Demographic and clinical characteristics

We reviewed the medical records for 963 patients with colorectal cancer of age 40 years and older from the Parkland cancer registry 1997 through 2007; 108 patients meeting eligibility criteria with colorectal cancer and at least one synchronous adenoma were identified and matched to 108 controls with adenoma but no colorectal cancer. The most common reason for case exclusion was lack of a synchronous adenoma (n = 445). Less frequent reasons for exclusion included insufficient archived tissue for analysis, incorrect record of age in the tumor registry, presence of a tumor other than colorectal adenocarcinoma, or inability to find an age/sex–matched control. The process of case selection is depicted in Supplementary Fig. S1.

The median age for case subjects was slightly higher than for controls (60 vs. 58 years; Table 1). Women accounted for 46% of case–control pairs. A similar proportion of advanced adenomas was present among cases and controls. Controls had longer follow-up after time of adenoma diagnosis, and as expected, were more likely to be alive at last follow-up. All controls had at least 5 years of cancer-free follow-up after index adenoma diagnosis, and 81 had at least one colonoscopy in the follow-up period (n = 74, 3 or more years after adenoma diagnosis; and n = 7 within 3 years of adenoma diagnosis).

Table 1. Demographic and clinical characteristics

<table>
<thead>
<tr>
<th></th>
<th>Case (n = 108)</th>
<th>Control (n = 108)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, median years (IQR)</td>
<td>60.3 (55.6–65.5)</td>
<td>57.9 (53.6–63.1)</td>
<td>0.04</td>
</tr>
<tr>
<td>Female, n (%)</td>
<td>50 (46.3)</td>
<td>50 (46.3)</td>
<td>1</td>
</tr>
<tr>
<td>Race/ethnicity, n (%)</td>
<td></td>
<td></td>
<td>0.46</td>
</tr>
<tr>
<td>White</td>
<td>28 (25.9)</td>
<td>24 (22.2)</td>
<td></td>
</tr>
<tr>
<td>Black</td>
<td>62 (57.4)</td>
<td>57 (52.8)</td>
<td></td>
</tr>
<tr>
<td>Hispanic</td>
<td>16 (14.8)</td>
<td>25 (23.1)</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>2 (1.9)</td>
<td>2 (1.9)</td>
<td></td>
</tr>
<tr>
<td>Follow-up</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Median follow-up time, mo (IQR)</td>
<td>32.2 (13.0–50.6)</td>
<td>102.4 (91.3–121.3)</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>Dead at last follow-up, n (%)</td>
<td>32 (29.6)</td>
<td>5 (4.6)</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>Follow-up colonoscopy after index adenoma (controls)</td>
<td>—</td>
<td>81</td>
<td>—</td>
</tr>
<tr>
<td>Time to follow-up colonoscopy (controls), median years</td>
<td>—</td>
<td>5.5</td>
<td>—</td>
</tr>
<tr>
<td>Follow-up colonoscopy ≥3 y after index adenoma (controls), n (%)</td>
<td>—</td>
<td>74 (91.2)</td>
<td>—</td>
</tr>
<tr>
<td>Colorectal cancer location (cases)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Right colon</td>
<td>54 (50)</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Left colon/rectum</td>
<td>54 (50)</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Summary SEER stage (cases), n (%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Local</td>
<td>41 (37.96)</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Regional</td>
<td>33 (30.56)</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Distant</td>
<td>27 (25.00)</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Unknown/unstaged</td>
<td>7 (6.48)</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Features of adenoma included for analysis</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mean size, cm (SD)</td>
<td>1.18 (0.7)</td>
<td>1.06 (0.5)</td>
<td>0.16</td>
</tr>
<tr>
<td>Advanced adenoma&lt;sup&gt;a&lt;/sup&gt;, n (%)</td>
<td>64 (59.3)</td>
<td>59 (54.6)</td>
<td>0.5826</td>
</tr>
</tbody>
</table>

Abbreviation: IQR, interquartile range.

<sup>a</sup>Right colon = proximal to descending colon.
<sup>b</sup>Adenoma ≥10 mm in size, and/or containing high-grade dysplasia, tubulovillous, or villous features.
Table 2. Distribution of molecular marker results for case and control adenomas

<table>
<thead>
<tr>
<th>Marker</th>
<th>All adenomas (n = 216)</th>
<th>Case adenomas (n = 108)</th>
<th>Control adenomas (n = 108)</th>
<th>P^b</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Median score (IQR)</td>
<td>Median score (IQR)</td>
<td>Median score (IQR)</td>
<td></td>
</tr>
<tr>
<td>BCAT percentage score</td>
<td>47.08 (20.00–70.00)</td>
<td>54.60 (30.00–90.00)</td>
<td>39.49 (20.00–60.00)</td>
<td>0.001</td>
</tr>
<tr>
<td>BCAT intensity score</td>
<td>1.48 (1.00–2.00)</td>
<td>1.60 (1.00–2.00)</td>
<td>1.37 (1.00–2.00)</td>
<td>0.013</td>
</tr>
<tr>
<td>p53 percentage score</td>
<td>3.42 (0.00–1.37)</td>
<td>5.18 (0.02–2.34)</td>
<td>1.66 (0.00–0.74)</td>
<td>0.003</td>
</tr>
<tr>
<td>p53 intensity score</td>
<td>40.12 (14.12–61.52)</td>
<td>39.40 (15.90–59.07)</td>
<td>40.86 (6.80–61.60)</td>
<td>0.95</td>
</tr>
<tr>
<td>Cox-2 percentage score</td>
<td>22.22 (5.00–30.00)</td>
<td>27.79 (10.00–50.00)</td>
<td>16.65 (0.00–20.00)</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>Cox-2 intensity score</td>
<td>0.96 (1.00–1.00)</td>
<td>1.19 (1.00–2.00)</td>
<td>0.73 (0.00–1.00)</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>Survivin percentage score</td>
<td>14.86 (0.00–20.00)</td>
<td>21.10 (0.00–30.00)</td>
<td>8.62 (0.00–10.00)</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>Survivin intensity score</td>
<td>0.68 (0.00–1.00)</td>
<td>0.78 (0.00–1.00)</td>
<td>0.58 (0.00–1.00)</td>
<td>0.012</td>
</tr>
<tr>
<td>p21 percentage score</td>
<td>19.01 (1.11–30.32)</td>
<td>24.23 (1.67–41.49)</td>
<td>13.80 (0.00–10.00)</td>
<td>0.004</td>
</tr>
<tr>
<td>p21 intensity score</td>
<td>57.75 (18.67–97.30)</td>
<td>63.74 (24.65–99.42)</td>
<td>51.76 (14.78–90.77)</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>DNAPkcs percentage score</td>
<td>71.35 (42.98–99.73)</td>
<td>86.75 (61.08–99.42)</td>
<td>56.68 (28.39–98.77)</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>DNAPkcs intensity score</td>
<td>36.21 (12.00–58.05)</td>
<td>43.22 (14.38–65.02)</td>
<td>28.85 (10.45–43.90)</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>MGMT percentage score</td>
<td>5.35 (0.00–1.10)</td>
<td>9.16 (0.04–4.84)</td>
<td>1.36 (0.00–0.36)</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>MGMT intensity score</td>
<td>5.35 (0.00–1.10)</td>
<td>9.16 (0.04–4.84)</td>
<td>1.36 (0.00–0.36)</td>
<td>&lt;0.0001</td>
</tr>
</tbody>
</table>

Abbreviation: IQR, interquartile range.

^a Subjectively measured, no decimals used.

^b Comparison case vs. control adenoma.
Molecular marker results: phase I case–control analyses

Informative marker results were available for the majority of cases and controls for testing with p53, p21, Cox-2, BCAT, DNAPks, survivin, and MGMT. Thus, the final marker set consisted of seven markers (Table 2). Both percentage and intensity score for BCAT, Cox 2, survivin, p21, DNAPks, and MGMT were significantly different between cases and controls, while p53 differed between cases and controls only on percentage score (all \( P < 0.05 \); Table 2). Univariate analyses showed that results of nearly all molecular markers were associated with case adenoma status (Table 3 and Fig. 1A–C). On multivariable adjusted analyses, p53, p21, Cox-2, BCAT, DNAPkcs, survivin, and MGMT were all found to have a statistically significant association with case status (\( P < 0.05 \) for all markers; Table 3). Marker distribution results for cases versus controls stratified by adenoma type (nonadvanced or advanced adenoma) were qualitatively similar (data not shown).

Molecular marker results: phase II case status prediction

A total of 179 patients (85% of cases and 82% of controls) had informative marker results for all seven markers; data from these patients were used to predict the ability of molecular markers to identify cases. Characteristics of patients randomly assigned to the training and validation sets were similar (Supplementary Table S2). The Random Forest Prediction model for case adenoma prediction developed in the training set of 90 patients (46 cases and 44 controls) was applied to the independent validation set of 89 patients (46 cases and 43 controls). In the test validation set, the model demonstrated high accuracy for predicting case status (with AUC, 0.83 (95% CI, 0.74–0.92; Fig. 2A). To determine whether a more focused molecular panel could maintain high accuracy for identifying case adenomas, we identified the three individual markers in the training set with best predictive value (DNAPks, MGMT, and p21), and determined their predictive value in the test validation set. The three-panel molecular marker set maintained a high level of accuracy (with AUC, 0.84; 95% CI, 0.74–0.92; Fig. 2B. When compared with the use of advanced adenoma status as a predictor, both our seven- and three-marker panels appeared to be more sensitive for identifying case status at various specificity cutoff points (Fig. 3).

Discussion

Our primary aim was to explore the hypothesis that the use of molecular markers for risk stratification could distinguish adenomas from high-risk cases with colorectal cancer from low-risk control patients without colorectal cancer, and thereby support the proof of concept for using this approach to improve surveillance for patients with adenomas. Current polyp surveillance guidelines recommend risk stratification of patients with colorectal polyps into high- and low-risk categories based on the number, size, and histology of polyps identified (2–4). Although prior data support that patients with high-risk findings based on these criteria have a higher incidence of advanced neoplasia at follow-up colonoscopy, the criteria are neither sensitive nor specific for identifying a patient who will develop incident advanced neoplasia (1, 2, 5, 6, 44, 45). We found seven molecular markers that were statistically significantly associated with case status: BCAT, p53, Cox-2, DNApkcs, MGMT, and survivin.

### Table 3. Unadjusted and adjusted analysis of clinical and molecular factors associated with case status

<table>
<thead>
<tr>
<th></th>
<th>OR (95% CI)</th>
<th>Aj. OR (95% CI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>1.04 (1.00–1.08)</td>
<td>—</td>
</tr>
<tr>
<td>Advanced adenoma</td>
<td>1.21 (0.70–2.08)</td>
<td>—</td>
</tr>
<tr>
<td>BCAT percentage score</td>
<td>1.10 (1.03–1.17)</td>
<td>1.10 (1.03–1.17)</td>
</tr>
<tr>
<td>BCAT subjective intensity score</td>
<td>1.76 (1.14–2.71)</td>
<td>1.57 (1.00–2.46)</td>
</tr>
<tr>
<td>PS3 percentage score</td>
<td>1.78 (1.25–2.54)</td>
<td>1.78 (1.25–2.54)</td>
</tr>
<tr>
<td>PS3 intensity score</td>
<td>1.00 (0.92–1.10)</td>
<td>1.00 (0.92–1.10)</td>
</tr>
<tr>
<td>Cox-2 percentage score</td>
<td>4.05 (2.10–7.83)</td>
<td>4.05 (2.10–7.83)</td>
</tr>
<tr>
<td>Cox-2 subjective intensity score</td>
<td>3.85 (2.25–6.57)</td>
<td>3.59 (2.09–6.16)</td>
</tr>
<tr>
<td>Survivin percentage score</td>
<td>1.46 (1.21–1.77)</td>
<td>1.46 (1.21–1.77)</td>
</tr>
<tr>
<td>Survivin subjective intensity score</td>
<td>1.86 (1.14–3.02)</td>
<td>1.84 (1.12–3.04)</td>
</tr>
<tr>
<td>p21 percentage score</td>
<td>1.32 (1.09–1.58)</td>
<td>1.32 (1.09–1.58)</td>
</tr>
<tr>
<td>p21 intensity score</td>
<td>1.10 (1.01–1.21)</td>
<td>1.10 (1.01–1.21)</td>
</tr>
<tr>
<td>DNAPkcs percentage score</td>
<td>1.01 (1.01–1.02)</td>
<td>1.01 (1.01–1.02)</td>
</tr>
<tr>
<td>DNAPkcs intensity score</td>
<td>1.00 (1.00–1.00)</td>
<td>1.00 (1.00–1.00)</td>
</tr>
<tr>
<td>MGMT percentage score</td>
<td>2.40 (1.60–3.55)</td>
<td>2.38 (1.60–3.55)</td>
</tr>
<tr>
<td>MGMT intensity score</td>
<td>1.22 (1.09–1.36)</td>
<td>1.22 (1.09–1.36)</td>
</tr>
</tbody>
</table>

Abbreviation: Aj, adjusted for age, advanced adenoma status, and mutually adjusted for other marker results.

*Rounded to hundredth.*
Figure 1. Distribution of molecular markers (percentage and intensity scores). A–C, IHC was performed on control and case subject polyps as in methods. A, distribution of percentage of cells staining for each marker is depicted for cases and controls. The upper and lower box boundaries represent the 25th and 75th percentiles, and the middle bar represents the median score. B, distribution of staining intensity for markers with objective measurement of intensity is depicted for cases and controls. The upper and lower box boundaries represent the 25th and 75th percentiles, and the middle bar represents the median score. C, distribution of intensity scores for markers with subjective assessment of intensity are depicted for cases and controls as 0 (lowest intensity), 1 (moderate intensity), or 2 (highest intensity).
survivin, p21, DNAPks, and MGMT. Using independent model training and model validation sets, we found that a predictive model including results from our seven-marker panel had substantial accuracy for predicting case status. A more parsimonious model using three markers (DNAPks, p21, and MGMT) maintained similar accuracy. In contrast, advanced adenoma status—the main current guideline recommended criteria for risk stratification of patients with polyps—was not associated with case status. Moreover, advanced adenoma status had lower sensitivity and specificity for identification of high-risk case patients than our predictive model using seven molecular markers. Taken together, our findings suggest that there are inherent differences in the cancer biology of polyps in individuals with and without colon cancer and support the proof of concept that use of molecular markers in clinical practice has great potential to improve risk stratification of patients with colorectal polyps.

Few studies have examined the use of molecular markers for risk stratification of individuals with colorectal polyps. Two retrospective cohort studies of patients with adenomas at baseline examined whether IHC for several markers of carcinogenesis could predict incident colorectal cancer (12, 13). The first report included 147 patients with adenomas at baseline, 10 of whom developed colorectal cancer on median follow-up over 144 months (12). In this report, Soreide and colleagues found that IHC expression of BCAT, p21, p16, survivin, and hTERT among baseline adenomas was significantly different for patients who developed incident colorectal cancer compared with controls. The most predictive molecular markers were survivin, hTERT, and nuclear BCAT. No association was found for several other tested markers, including Cox-2 and p53. In contrast, we observed an association between Cox-2 and p53 expression and case status. Unlike our study, DNAPks, p27, and MGMT were not studied. In a follow-up report by Soreide and colleagues (13), the association of hTERT and survivin among a group of 274 patients with baseline adenomas was confirmed, 16 of whom developed incident colorectal cancer. Similar to these studies, we found that p21, and in particular survivin and BCAT, were associated with adenomas from high-risk patients, validating the observations for these markers. Key distinguishing features of our report compared with these two previous studies include our examination of 108 high-

![Figure 2. Predictive value of molecular markers for distinguishing case from control adenomas. A, a ROC for ability of a panel of molecular markers of carcinogenesis including p53, BCAT, MGMT, DNApkcs, p21, Cox-2, and survivin to distinguish adenomas from high-risk case patients with colorectal cancer from low-risk control patients without colorectal cancer. The ROC demonstrates substantial predictive ability (AUC, 0.83; 95% CI, 0.74–0.92). B, a ROC for a parsimonious, three-marker panel, with DNApkcs, MGMT, and p21 for prediction of case adenoma status. The ROC demonstrates substantial predictive ability (AUC, 0.84; 95% CI, 0.74–0.92).]

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risk colorectal cancer case patients matched to controls to allow for greater discrimination of marker predictive ability, and validation of a broader panel of candidate predictive markers. In addition, we identified novel associations between DNApkcs, p27, MGMT, and high-risk case status. Finally, we focused on using cytoplasmic, rather than nuclear overexpression of BCAT as a biomarker, because of prior work suggesting that cytoplasmic overexpression may precede nuclear overexpression in carcinogenesis (46). Nonwithstanding, the findings previously reported by Soreide and colleagues, and now in this current novel dataset, provide strong proof of concept that molecular markers can be used to effectively risk stratify patients with adenomas.

We recognize limitations of our study. First, we used a retrospective, case–control design. Case–control studies of diagnostic and predictive tests may overestimate the association of predictors with outcomes (47). To establish proof of concept that molecular markers within polyps can be used for postpolypectomy risk stratification, we used a study design in which cases were adenomas from patients with colorectal cancer, and controls were adenomas from non–colorectal cancer patients. In practice, postpolypectomy surveillance focuses on assessing risk for both colorectal cancer, as well as advanced adenomas, which are thought to be potential biologic precursors of colorectal cancer. Thus, an ideal biomarker strategy would address risk for both colorectal cancer, as well as advanced adenomas, which should be addressed in future research. Among patients with adenomas detected by average-risk screening, approximately 25% have advanced adenomas (48). Thus, the spectrum of adenomas included in our study differs from usual practice, and could have resulted in spectrum bias that may overestimate the association of our predictors with case status.

Similar to most studies examining prevalence of molecular changes in colorectal neoplasia, we were unable to determine whether differential patterns or marker expression between case and control adenomas represent critical carcinogenic steps, or biomarkers of other carcinogenic processes (19). Plausibility of our findings hinges on the concept that polyp biomarker expression patterns found in high- versus low-risk patients reflect genetic factors and environmental exposures that will promote recurrence of similar high-risk polyps on follow-up. This concept is supported by the observation (used in current polyp surveillance guidelines) that even gross polyp characteristics, such as number, size, and histology, are associated with future risk of high-risk neoplasia. It should also be noted that this was a single institution study. Thus, it is possible that characteristics of case and control patients, including factors such as polyp distribution, number, size, and histology, may differ from all individuals with adenoma, requiring future studies of other populations to establish generalizability. Of the 963 candidates considered for inclusion of cases, 108 were ultimately selected for our study. Although most exclusions were due to the absence of synchronous adenoma, the presence of cancer other than colorectal cancer, or the absence of sufficient adenoma tissue for analysis (see Supplementary Fig. S1), we cannot exclude the possibility that our colorectal cancer sample may not be representative of the general population of individuals with colorectal cancer, perhaps limiting generalizability of study findings. For 25% of control patients (n = 27), data on follow-up colonoscopy were not available. In addition, among the 81 control patients who did have follow-up colonoscopy, 7 patients had the colonoscopy performed within 3 years of baseline. Thus, it is possible that a control patient might have had an undiagnosed
colorectal cancer because follow-up colonoscopy was not performed, or performed too soon for neoplasia to develop. However, the chances of such misclassification are low, given that median clinical follow-up among controls without follow-up colonoscopy was 102.6 months (8.5 years), and that cancer after colonoscopic polypectomy is rare, estimated at occurring among 0.4 to 2.2 individuals per 1,000 person years of follow-up (49). Furthermore, among the 81 controls who had follow-up colonoscopy, median time between baseline and repeat colonoscopy was 5.5 years, a time period long enough for some colorectal cancers to develop. Of note, even if misclassification of a control as being colorectal cancer-free did indeed occur, it would have biased toward finding no difference in marker expression between case and control polyps. Finally, a single study pathologist was responsible for review of subjective markers and confirmation of objective marker expression measurements. Inter- and intra-observer variability in IHC assessment were not assessed, potentially affecting generalizability (50–52). However, because the review was blind to case-control status of polyps, this should not have biased our results showing differential expression patterns between cases and controls. Limitations of the current study may be addressed by conduct of prospective validation of the predictive markers identified here, as well as study of other molecular markers for risk stratification of patients with polyps. Standardization and reproducibility of IHC reads among different pathologists will also have to be established. Importance of novel associations, such as that observed for DNAPkcs, can be explored through future studies of the importance of this protein in mouse and cell line models.

Several strengths of our study may balance potential limitations. The strengths include (i) use of a large random sample of candidate cases and controls, (ii) blinded evaluation of marker expression among cases and controls, and (iii) use of independent model development and model validation sets.

In conclusion, we have shown that molecular markers of carcinogenesis, measured by IHC, can distinguish adenomas from high-risk case patients with colorectal cancer from low-risk control patients who do not develop colorectal cancer. Our findings support the proof of concept that molecular markers can improve risk stratification of patients with polyps. Because the current approach to risk stratification of patients with polyps is insufficiently sensitive and specific for identifying patients who will develop incident advanced neoplasia, prospective studies of molecular markers for polyp risk stratification are warranted.

Disclosure of Potential Conflicts of Interest

No potential conflicts of interest were disclosed.

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References


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