Defining the Role of Histone Deacetylases in the Inhibition of Mammary Carcinogenesis by Dietary Energy Restriction (DER): Effects of Suberoylanilide Hydroxamic Acid (SAHA) and DER in a Rat Model

Zongjian Zhu, Weiqin Jiang, John N. McGinley, and Henry J. Thompson

Abstract

Dietary energy restriction (DER) inhibits experimentally induced mammary cancer, an effect accompanied by elevated levels of silent information regulator 2 (SIRT1), a class III histone deacetylase (HDAC). However, the effect of DER on targets of other classes of HDACs has not been reported, a highly relevant issue given evidence that HDAC induction favors the development of cancer and tumor growth. Experiments were carried out to determine whether suberoylanilide hydroxamic acid (SAHA), a histone deacetylase inhibitor with broad activity, would affect the anti-cancer activity of DER. Female Sprague Dawley rats (n = 30/group) were injected with 1-methyl-1-nitrosourea (50 mg/kg) at 21 days of age and 7 days thereafter were randomized to groups fed: (i) control diet (AIN-93G), (ii) 0.1% SAHA (w/w), (iii) 40% DER, or (iv) 0.1% SAHA + 40% DER. An additional group was fed 0.1% SAHA + 40%DER for 5 weeks and released to control diet for 3 weeks. DER significantly reduced mammary cancer incidence, multiplicity, and cancer burden and prolonged cancer latency (P < 0.01). Cancer inhibition was maintained in SAHA + DER, despite evidence that histone (H2Alys9, H2Blys5, and H4lys5/8/12/16, but not H3lys9; P < 0.001) and non-histone protein deacetylation (p53lys373 and p53lys382; P < 0.001) induced by DER was reversed by SAHA. This indicates that the inhibition of DER of cancer is not dependent on HDAC induction. After releasing rats from DER + SAHA, cancer multiplicity remained lower than control (P < 0.05), consistent with apoptosis-mediated cell deletion. These findings support further investigation of the hypothesis that HDAC induction by DER blunts its anti-carcinogenic impact. Cancer Prev Res; 1–9. ©2013 AACR.
of SIRT1 and other classes of HDACs are associated with procarcinogenic effects and enhanced tumor growth (14–16). Consequently, HDACs are currently targets for drug development (17–19). However, there is limited information about how DER affects overall HDAC activity or the acetylation of histone and/or non-histone protein targets of HDAC in mammary carcinoma. Because of the complex role that protein acetylation plays in carcinogenesis and the limited information available about energetics-driven changes in protein acetylation, the study reported herein was designed to assess effects of DER on site-specific histone acetylation and on acetylation of p53 at sites known to play role in apoptosis induction (14, 20, 21). As a starting point for this work, the effect of DER was studied alone and in combination with suberoylanilide hydroxamic acid (SAHA), an HDAC inhibitor generally considered to target class I and II HDACs, but that has also been reported to inhibit SIRT1 gene transcription (22). An advantage of using SAHA was that its effect on chemically induced mammary carcinogenesis in the rat has been investigated, providing useful information about dose and route of administration (23, 24).

Materials and Methods

Chemicals and reagents

Primary antibodies used in this study were anti-Bax, anti-Bcl-2, and XIAP from BD Biosciences; anti-pACCSer79/ACC, anti-pAktSer473/Akt, anti-pAMPKThr172/AMPK, anti-Apaf-1, anti-cleaved caspase-3, anti-p4EBP1Thr37/46/4EBP1, anti-E2F-1, anti-HDAC1, anti-p-mTORSer2448/mTOR, anti-p70S6KThr389/P70S6K, anti-PARP, anti-PI3Kp110, anti-pRaptorSer792/Raptor, anti-p4EBP1Thr37/46/4EBP1, anti-E2F-1, anti-HDAC1, anti-pmTORSer2448/mTOR, anti-p70S6KThr389/P70S6K, anti-PARP, anti-PI3Kp110, anti-pRaptorSer792/Raptor, anti-p4EBP1Thr37/46/4EBP1, anti-acetyl-p53Lys373/382, anti-acetyl-histone H2Alys9, anti-acetyl-histone H2Blys5, anti-acetyl-histone H3lys9, and anti-acetyl-histone H4lys5,lys8,lys12,lys16, were from Millipore. Carcinogen: 1-methyl-1-nitrosourea (MNU) was obtained (Ash Stevens) and stored at –80°C before use. The following kits and reagents were used to carry out the experiments: glucose-hexokinase liquid stable reagent (Thermo Fisher Scientific Inc.): multiplex and signalplex kits for insulin, leptin, and insulin growth factor-1 (IGF-1) as well as ELISA kit of adiponectin (Millipore); IGF-binding protein 3 (IGFBP-3) ELISA kit (Mediagnost); and SAHA was purchased from ChemieTek. Commercially available reagents for determination of plasma glucose were purchased from Thermo Fisher Scientific Inc.

Experimental design

Female Sprague Dawley rats were obtained (Charles River) at 20 days of age. At 21 days of age, rats were injected with 50 mg MNU/kg body weight, intraperitoneally, as previously described (25). Rats were individually housed in solid bottomed polycarbonate cages equipped with food cups. At 28 days of age, 1 week after carcinogen injection, rats were assigned by stratified randomization using body weight to 1 of 5 groups (30 rats/group): (i) ad libitum fed control (Ad Lib Ctl); (ii) 0.1% SAHA (w/w); (iii) 40% DER; (iv) 40% DER + 0.1% SAHA (w/w); and (v) 40% DER + 0.1% SAHA (w/w)-Release. The approach used for feeding rats has been described in detail (6). Briefly, rats were ad libitum meal-fed with AIN-93G diet for group 1 or 0.1% (w/w) dietary SAHA in AIN-93G diet for group 2 and were restricted to 60% the amount of that control animals consumed in remaining groups [40% DER; (iv) 40% DER + 0.1% SAHA (w/w); and (v) 40% DER + 0.1% SAHA (w/w)-Release] for 6 weeks. During the last 3 weeks of the experiment, the animals in groups 1 to 4 were maintained on the same diet and fed in the same manner. The animals in the Release group (group 5) were switched to AIN-93G diet and fed in the same manner as group 1, that is, they were released from 40% DER + 0.1% (w/w) SAHA diet.

Throughout the experiment, animal rooms were maintained at 22°C ± 1°C with 50% relative humidity and a 12-hour light/dark cycle. Rats were weighed twice per week and were palpated for the detection of mammary tumors twice weekly starting from 21 days post-carcinogen. At necropsy, rats were skinned, and the skin to which mammary gland chains were attached was examined under translucent light for detectable mammary pathologies. All grossly detectable mammary gland pathologies were excised and prepared for histologic classification according to published criteria (26, 27). Only confirmed mammary carcinomas are reported as they represented more than 98% of the pathologies that were observed. The experimental protocols were reviewed and approved by the Institutional Animal Care and Use Committee and conducted according to the committee guidelines.

Blood collection and plasma biomarker analyses

Blood collection. Following an overnight fast, rats were euthanized via inhalation of gaseous CO2 and blood was directly obtained from the retro-orbital sinus and gravity fed through heparinized capillary tubes (Fisher Scientific) into EDTA-coated tubes (Becton Dickinson) for plasma that was isolated by centrifugation at 1,000 × g for 10 minutes at room temperature.

Assessment of circulating molecules. Glucose was determined using a kit obtained from Thermo Fisher Scientific Inc. IGF-1, IGFBP-3, adiponectin, insulin, and leptin, in plasma were determined using a commercially available ELISA or as previously described (28).

Western blotting. Forty mammary carcinomas (8 per group) were homogenized for Western blotting as described previously (10). The levels of p21, Bax, Bcl-2, XIAP, pACCSer79/ACC, pAktSer473/Akt, pAMPKThr172/AMPK, Apaf-1, cleaved caspase-3, p4EBP1Thr37/46/4EBP1, E2F-1, HDAC1, p-mTORSer2448/mTOR, p70S6KThr389/P70S6K, PARP, PI3Kp110, pRaptorSer792/Raptor, p4EBP1Thr37/46/4EBP1, anti-acetyl-p53Lys373/382, anti-acetyl-histone H2Alys9, anti-acetyl-histone H2Blys5, anti-acetyl-histone H3lys9, and anti-acetyl-histone H4lys5,lys8,lys12,lys16, were from Millipore.
SIRT-1, IGF-1R, p53, acetyl-p53^{lys373}, acetyl-p53^{lys373/382},
actyl-histone H2A^{lys9}, actyl-histone H2B^{lys5}, actyl-histone H3^{lys9},
and actyl-histone H4^{lys9/12/16} and β-actin were
determined using specific primary antibodies, followed by
treatment with the appropriate peroxidase-conjugated sec-
secondary antibodies and visualized by LumiGLO reagent
western blotting detection system. The chemiluminescence
signal was captured using a ChemiDoc densitometer (Bio-
and analyzed using Quantity One software (Bio-Rad).
All Western blot signals were within a range where the signal
was linearly related to the mass of protein, and actin-
normized scanning density data were used for analysis.

Statistical analyses
Differences among groups were evaluated as follows:
incidence of mammary carcinomas by the Fischer exact
text, the number of mammary carcinomas per rat (multi-
plicity) by ANOVA after square root transformation of
tumor count data, and cancer burden and actin-normalized
Western blot data by the nonparametric Kruskal–Wallis test
with post hoc unpaired comparisons using the Dwass–Steel–
Critchlow–Fligner test (29–31). Cancer latency was evalu-
ated by survival analysis using the Mantel–Haenszel meth-
(32). Differences in final body weight and circulating
analytes were evaluated by ANOVA with post hoc compar-
ses by the method of Tukey. Effects of treatment group on
series of mechanistically interrelated variables were evalu-
atuated by multivariate ANOVA (33). All analyses were con-
ducted using Systat statistical analysis software, version 13
(Systat Software, Inc.). All P values are 2-sided and statistical
significance was set a priori at P < 0.05.

Results
Body weight gain
While SAHA had no significant effect on rate of growth,
DER slowed the rate of growth either alone or in combi-
nation with SAHA as intended, but SAHA + DER had no
additional effect on growth in comparison to DER alone.
Discontinuing treatment with SAHA + DER (the release
group) resulted in rapid weight gain (Fig. 1A), with final

![Figure 1](https://www.aacrjournals.org/)

Figure 1. Effects of dietary SAHA with DER on body weight gain and the carcinogenic response. A, body weight gain. B, incidence of palpable mammary
cancer. C, number of palpable mammary carcinoma number per rat. D, tumor weight. For A and D, values are means ± SEM, n = 30 rats/group.
body weights approaching that of the control group within 3 weeks from their release from the intervention.

Carcinogenic response

SAHA numerically suppressed the carcinogenic response in comparison to the control group but the effects were not statistically significant after adjustment for multiple comparisons (Fig. 1B–D). Cancer incidence was reduced 17.1%, cancer multiplicity was 36.5% lower, cancer burden was decreased by 74.9%, and cancer latency was extended 9.6%. The carcinogenic response was significantly inhibited by DER or DER + SAHA. In comparison to the control group, cancer incidence was reduced 57.2% or 42.8%, cancer multiplicity was 84.9% or 73.8% lower, cancer burden was decreased 91.6% or 91.0%, and cancer latency was extended 23.1% or 21.2%, respectively. When the animals in DER + SAHA-Release group were 40% DER had no effect on the SAHA-mediated reduction in HDAC1. SAHA diminished SIRT1 induction by DER, and DER had no effect on the SAHA-mediated reduction in HDAC1. Levels of both proteins were similar in the SAHA + DER release and control groups.

Apoptosis and cell-cycle regulation

Patterns of acetylation of histones and non-histone proteins such as p53 affect many cellular processes. The focus of this study was on apoptosis. Intervention effects on 2 indicators of apoptosis are shown (Table 2, representative Western blots in Supplementary Fig. S2). Both SAHA and DER increased levels of cleaved caspase-3 and PARP cleavage reflected by the ratio of PARP89 to PARP 116 (SAHA or DER vs. control, P < 0.05). While these effects were observed in the control group, the level of cleaved caspase-3 was lower than in DER alone (SAHA + DER vs. DER, P < 0.05) and the level of cleaved PARP was higher in either DER or SAHA alone (SAHA + DER vs. SAHA or DER, P < 0.05). Cleaved caspase-3 in the SAHA + DER release group was similar to that observed in the control group, but the level of cleaved PARP remained elevated in carcinomas from the Release group.

Effects on cellular machinery involved in regulating apoptosis were also investigated. Apaf-1 was elevated by SAHA, similar to the control group with the exception of H2B which remained low (P < 0.05). Similarly, acetyl-p53lys373 and acetyl-p53lys373/382 were significantly increased in carcinomas from SAHA-treated rats, decreased in DER carcinomas and DER-mediated deacetylation was restored by SAHA. Acetylation of both sites was similar in carcinomas from rats released from SAHA + DER and control carcinomas.

Table 1. Effect of dietary SAHA and/or dietary energy restriction on HDAC and histone and p53 acetylation in mammary carcinomas

<table>
<thead>
<tr>
<th>Dietary treatment</th>
<th>Ad Lib Ctl</th>
<th>0.1% SAHA</th>
<th>40% DER</th>
<th>40% DER + 0.1% SAHA</th>
<th>40% DER + 0.1% SAHA-Release</th>
<th>Overall P</th>
</tr>
</thead>
<tbody>
<tr>
<td>p53&lt;sup&gt;lys373&lt;/sup&gt;</td>
<td>146 ± 8&lt;sup&gt;a&lt;/sup&gt;</td>
<td>170 ± 2&lt;sup&gt;b&lt;/sup&gt;</td>
<td>115 ± 4&lt;sup&gt;c&lt;/sup&gt;</td>
<td>163 ± 6&lt;sup&gt;ab&lt;/sup&gt;</td>
<td>152 ± 6&lt;sup&gt;ab&lt;/sup&gt;</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>p53&lt;sup&gt;lys373/382&lt;/sup&gt;</td>
<td>338 ± 11&lt;sup&gt;a&lt;/sup&gt;</td>
<td>425 ± 8&lt;sup&gt;b&lt;/sup&gt;</td>
<td>300 ± 9&lt;sup&gt;c&lt;/sup&gt;</td>
<td>352 ± 6&lt;sup&gt;a&lt;/sup&gt;</td>
<td>327 ± 6&lt;sup&gt;c&lt;/sup&gt;</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>P53</td>
<td>109 ± 6</td>
<td>119 ± 4</td>
<td>108 ± 2</td>
<td>113 ± 4</td>
<td>108 ± 3</td>
<td>0.286</td>
</tr>
<tr>
<td>H2A&lt;sup&gt;lys9&lt;/sup&gt;</td>
<td>310 ± 15&lt;sup&gt;a&lt;/sup&gt;</td>
<td>425 ± 23&lt;sup&gt;b&lt;/sup&gt;</td>
<td>265 ± 10&lt;sup&gt;a&lt;/sup&gt;</td>
<td>316 ± 14&lt;sup&gt;ab&lt;/sup&gt;</td>
<td>328 ± 16&lt;sup&gt;ab&lt;/sup&gt;</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>H2B&lt;sup&gt;lys5&lt;/sup&gt;</td>
<td>245 ± 14&lt;sup&gt;a&lt;/sup&gt;</td>
<td>282 ± 14&lt;sup&gt;b&lt;/sup&gt;</td>
<td>166 ± 11&lt;sup&gt;b&lt;/sup&gt;</td>
<td>194 ± 12&lt;sup&gt;b&lt;/sup&gt;</td>
<td>165 ± 12&lt;sup&gt;b&lt;/sup&gt;</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>H3&lt;sup&gt;lys9&lt;/sup&gt;</td>
<td>138 ± 7&lt;sup&gt;a&lt;/sup&gt;</td>
<td>248 ± 14&lt;sup&gt;b&lt;/sup&gt;</td>
<td>139 ± 8&lt;sup&gt;a&lt;/sup&gt;</td>
<td>147 ± 6&lt;sup&gt;a&lt;/sup&gt;</td>
<td>149 ± 8&lt;sup&gt;a&lt;/sup&gt;</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>H4&lt;sup&gt;lys5/8/12/16&lt;/sup&gt;</td>
<td>432 ± 23&lt;sup&gt;a&lt;/sup&gt;</td>
<td>719 ± 41&lt;sup&gt;b&lt;/sup&gt;</td>
<td>365 ± 22&lt;sup&gt;a&lt;/sup&gt;</td>
<td>620 ± 40&lt;sup&gt;a&lt;/sup&gt;</td>
<td>439 ± 24&lt;sup&gt;a&lt;/sup&gt;</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>SIRT1</td>
<td>82 ± 3&lt;sup&gt;a&lt;/sup&gt;</td>
<td>61 ± 1&lt;sup&gt;b&lt;/sup&gt;</td>
<td>110 ± 5&lt;sup&gt;c&lt;/sup&gt;</td>
<td>90 ± 4&lt;sup&gt;a&lt;/sup&gt;</td>
<td>84 ± 4&lt;sup&gt;a&lt;/sup&gt;</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>HDAC1</td>
<td>305 ± 3&lt;sup&gt;a&lt;/sup&gt;</td>
<td>232 ± 3&lt;sup&gt;b&lt;/sup&gt;</td>
<td>298 ± 7&lt;sup&gt;c&lt;/sup&gt;</td>
<td>236 ± 4&lt;sup&gt;b&lt;/sup&gt;</td>
<td>307 ± 4&lt;sup&gt;a&lt;/sup&gt;</td>
<td>&lt;0.0001</td>
</tr>
</tbody>
</table>

NOTE: Values are means ± SEM (n = 8). Actin-normalized Western blotting data, which are semiquantitative estimates of protein expression, were analyzed by Kruskal–Wallis rank test. Different superscripts within the same row are statistically significant among different groups (P < 0.05). Ratio, the ratio of phospho-protein (arbitrary units of optical density) to non-phospho-protein (arbitrary units of optical density).

DER, and SAHA + DER as well as the SAHA + DER release group compared with the control (P < 0.05). The widely assessed indicator of apoptosis mediated by the intrinsic pathway, that is, the ratio of BAX/BCL-2 was also elevated by SAHA or DER and almost 2-fold further elevated in the SAHA + DER group compared with the control (P < 0.05), and it remained elevated in the SAHA + DER release group. The effect on the ratio was primarily accounted for by suppression of the level of cellular BCL-2 in the intervention groups. Levels of XIAP, an inhibitor of caspase activity, were suppressed by SAHA or DER compared with the control (P < 0.05) but unaffected in the combined treatment or release groups.

Given that effects on cell proliferation are generally considered to be a pertinent feature of cancer progression, with a more complicated picture emerging where cell proliferation is assessed indicator of apoptosis mediated by the intrinsic pathway, that is, the ratio of BAX/BCL-2 was also elevated by SAHA or DER and almost 2-fold further elevated in the SAHA + DER group compared with the control (P < 0.05), and it remained elevated in the SAHA + DER release group. The effect on the ratio was primarily accounted for by suppression of the level of cellular BCL-2 in the intervention groups. Levels of XIAP, an inhibitor of caspase activity, were suppressed by SAHA or DER compared with the control (P < 0.05) but unaffected in the combined treatment or release groups.

**mTOR-related signaling**

HDACs are induced by cellular stress and DER is a recognized energy stressor. Therefore, it was decided that one of the primary networks that responds to energetic stress should be evaluated. DER induced the same pattern of mTOR-related regulation (Table 3, representative Western blots in Supplementary Fig. S3) as previously reported (10).

### Systemic factors

Given the unexpected effects of SAHA on mTOR-related signaling, plasma was assessed for circulating factors known to be responsive to the systemic factors of similar regulation as that observed in the control group. In this regard, plasma was assessed for circulating factors known to be responsive to the systemic factors of similar regulation as that observed in the control group.

#### Table 2. Effect of dietary SAHA and/or dietary energy restriction on indicators of cell proliferation and apoptosis in mammary carcinomas

<table>
<thead>
<tr>
<th>Dietary treatment</th>
<th>Ad Lib Ctl</th>
<th>0.1% SAHA</th>
<th>40% DER</th>
<th>40% DER + 0.1% SAHA</th>
<th>40% DER + 0.1% SAHA Release</th>
<th>Overall P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cell proliferation</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>E2F1</td>
<td>130 ± 5a</td>
<td>115 ± 6bc</td>
<td>85 ± 5bc</td>
<td>114 ± 5bc</td>
<td>105 ± 2c</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>RbSer780 ratio</td>
<td>0.90 ± 0.02ab</td>
<td>0.84 ± 0.01ac</td>
<td>0.68 ± 0.01b</td>
<td>0.62 ± 0.01b</td>
<td>0.79 ± 0.02c</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>p21</td>
<td>128 ± 5a</td>
<td>139 ± 3ac</td>
<td>157 ± 3bc</td>
<td>165 ± 5b</td>
<td>144 ± 3c</td>
<td>&lt;0.0001</td>
</tr>
</tbody>
</table>

**Note:** Values are means ± SEM (n = 8). Actin-normalized western blot data, which are semiquantitative estimates of protein expression, were analyzed by Kruskal–Wallis rank test. Different superscripts within the same row are statistically significant among different groups (P < 0.05). Ratio, the ratio of phospho-protein (arbitrary units of optical density) to non-phospho-protein (arbitrary units of optical density).

Abbreviations: Ad Lib, ad libitum; Apaf-1, apoptosis protease-activating factor-1; Bax, Bcl (B-cell lymphoma)-associated X; Bcl, B-cell leukemia oncogene; Ctl, control; E2F1, transcription factor family including E2F- and DP-like subunits; Rb, retinoblastoma; XIAP, X-linked inhibitor of apoptosis protein.
to regulate various nodes of this signaling network. Compared with the control, SAHA alone had no significant effects on IGF-1, IGFBP3, insulin, glucose, or leptin, although it did induce a marked increase in adiponectin (Table 4). On the other hand, these same parameters, other than adiponectin, were significantly lower in the plasma of DER and SAHA-der rats in comparison to the control group and adiponectin was elevated. The values in the SAHA + DER release group for these plasma analytes were similar to the values observed in the control group.

Discussion
Investigation of the role of protein acetylation and deacetylation in the prevention and control of cancer is a rapidly expanding field and, not surprisingly, there are many contradictions in what has been reported. Nonetheless, it is clear that changes in acetylation patterns occur in response to cellular stresses including those associated with the development of cancer and with DER (12). Other than the consistent observation that chronic DER induces SIRT1, limited additional information exists about the role of DER-mediated HDAC induction in accounting for powerful, physiologic inhibition of cancer by DER, especially in target organs such as the breast.

Carcinogenic response and acetylation
A growing body of literature indicates that protein deacetylation, at least in certain contexts and involving specific protein acetylation sites, promotes several steps in the carcinogenic process. If this is in fact the case, it creates the expectation that inhibition of HDAC activity would protect against cancer. Dietary administration of SAHA, a class I and II HDAC inhibitor, was shown to protect against mammary carcinomas in rats (12). In this study, we investigated the effect of dietary SAHA and/or DER on the expression of various proteins related to mammary carcinomas in rats. The results of this study indicate that DER and SAHA differentially affect the expression of these proteins and that the combination of DER and SAHA has synergistic effects on the expression of proteins related to mammary carcinomas.

Table 3. Effect of dietary SAHA and/or dietary energy restriction on regulatory nodes that affect the mTOR-related signaling in mammary carcinomas

<table>
<thead>
<tr>
<th>Dietary treatment</th>
<th>Ad Lib Ctl</th>
<th>0.1% SAHA</th>
<th>40% DER</th>
<th>40% DER + 0.1% SAHA</th>
<th>40% DER + 0.1% SAHA-Release</th>
<th>Overall P</th>
</tr>
</thead>
<tbody>
<tr>
<td>IGF-1, ng/mL</td>
<td>370 ± 9ab</td>
<td>333 ± 8a</td>
<td>225 ± 9c</td>
<td>248 ± 6c</td>
<td>388 ± 17d</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>IGFBP-3, ng/mL</td>
<td>122 ± 4ab</td>
<td>120 ± 4bc</td>
<td>113 ± 5a</td>
<td>126 ± 3ab</td>
<td>135 ± 5a</td>
<td>0.0092</td>
</tr>
<tr>
<td>IGF-1/IGFBP-3</td>
<td>3.06 ± 0.05a</td>
<td>2.83 ± 0.08a</td>
<td>2.01 ± 0.05b</td>
<td>2.00 ± 0.06b</td>
<td>2.91 ± 0.11a</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>Insulin, pg/mL</td>
<td>1295 ± 40a</td>
<td>1286 ± 59a</td>
<td>997 ± 21b</td>
<td>1060 ± 38a</td>
<td>1217 ± 55a</td>
<td>0.0001</td>
</tr>
<tr>
<td>Glucose, mg/dL</td>
<td>148 ± 4</td>
<td>141 ± 5</td>
<td>127 ± 5</td>
<td>133 ± 7</td>
<td>134 ± 7</td>
<td>0.1129</td>
</tr>
<tr>
<td>Adiponectin, μg/mL</td>
<td>17.4 ± 0.8a</td>
<td>26.3 ± 0.9b</td>
<td>21.3 ± 0.8c</td>
<td>24.9 ± 0.9b</td>
<td>20.2 ± 0.7ac</td>
<td>0.019</td>
</tr>
<tr>
<td>Leptin, pg/mL</td>
<td>2011 ± 56a</td>
<td>2058 ± 63a</td>
<td>1113 ± 37b</td>
<td>1355 ± 69a</td>
<td>1879 ± 55a</td>
<td>&lt;0.0001</td>
</tr>
</tbody>
</table>

NOTE: Values are means ± SEM (n = 30). Data were analyzed by one-way ANOVA with Bonferroni post hoc Test. Values within a row with different superscripts are statistically different from each other (P < 0.05).

Abbreviations: Ad Lib, ad libitum; Ctl, control.

Table 4. Effect of dietary SAHA and/or dietary energy restriction on plasma analytes

<table>
<thead>
<tr>
<th>Dietary treatment</th>
<th>Ad Lib Ctl</th>
<th>0.1% SAHA</th>
<th>40% DER</th>
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<td>0.0092</td>
</tr>
<tr>
<td>IGF-1/IGFBP-3</td>
<td>3.06 ± 0.05a</td>
<td>2.83 ± 0.08a</td>
<td>2.01 ± 0.05b</td>
<td>2.00 ± 0.06b</td>
<td>2.91 ± 0.11a</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>Insulin, pg/mL</td>
<td>1295 ± 40a</td>
<td>1286 ± 59a</td>
<td>997 ± 21b</td>
<td>1060 ± 38a</td>
<td>1217 ± 55a</td>
<td>0.0001</td>
</tr>
<tr>
<td>Glucose, mg/dL</td>
<td>148 ± 4</td>
<td>141 ± 5</td>
<td>127 ± 5</td>
<td>133 ± 7</td>
<td>134 ± 7</td>
<td>0.1129</td>
</tr>
<tr>
<td>Adiponectin, μg/mL</td>
<td>17.4 ± 0.8a</td>
<td>26.3 ± 0.9b</td>
<td>21.3 ± 0.8c</td>
<td>24.9 ± 0.9b</td>
<td>20.2 ± 0.7ac</td>
<td>0.019</td>
</tr>
<tr>
<td>Leptin, pg/mL</td>
<td>2011 ± 56a</td>
<td>2058 ± 63a</td>
<td>1113 ± 37b</td>
<td>1355 ± 69a</td>
<td>1879 ± 55a</td>
<td>&lt;0.0001</td>
</tr>
</tbody>
</table>

NOTE: Values are means ± SEM (n = 30). Data were analyzed by one-way ANOVA with Bonferroni post hoc Test. Values within a row with different superscripts are statistically different from each other (P < 0.05).

Abbreviations: Ad Lib, ad libitum; Ctl, control.
II HDAC inhibitor that also inhibits SIRT1 gene transcription, at a concentration that had no effect on animal growth rate (Table 1, Fig. 1A), reduced all aspect of the carcinogenic response although the effects were not statistically significant when adjusted for multiple comparisons. This finding is consistent with other reports in similar model systems for breast cancer (23, 24). And SAHA increased the acetylation of the proteins selected for assessment (Table 1). On the other hand, DER, which robustly inhibited all the criteria by which the carcinogenic response was assessed (Table 1, Fig. 1), induced the deacetylation of the same proteins whose acetylation SAHA increased (Table 1). When SAHA and DER were combined, protein acetylation was restored to the level observed in carcinomas from control animals, but inhibition of carcinogenesis was essentially the same as observed in the DER only group. These data are consistent with at least 1 of 3 explanations: the protective activity of DER is independent of its effect on HDAC activity, the protective effect of DER under the conditions of the experiment is so dominant based on other mechanisms that changes in anticancer activity associated with DER and SAHA–mediated effects on acetylation were of no consequence, or the acetylation sites assessed are not those critical to elucidating the effects of DER. While the effects on cancer incidence of releasing rats from combined treatment with SAHA and DER support the notion that the anti-cancer activity of DER is independent of effects on protein acetylation, the cancer multiplicity data in which cancers per rat remained 2.5 times lower than in the control group, leave open the question of whether blocking the effects of DER on protein deacetylation might result in apoptosis-mediated deletion of transformed cells and sustainable protection against some aspects of carcinogenesis in the absence of continuous treatment, a phenomenon that we refer to as early cure which is a type of cancer prevention that has been sought since the term chemoprevention was coined (34, 35).

Protein acetylation and tumor size homeostasis

In an effort to gain more insight about the alternatives posed in the previous subsection about the effects of DER on the carcinogenic response, attention was directed to cellular processes that regulate tumor growth and that are markedly affected by DER as previously reported (7, 8), specifically apoptosis and cell growth. While effects on elements of the cell-cycle machinery involved with the G1–S transition were apparent and consistent with previously reported effects of DER, the outcome measures of apoptosis varied in a manner consistent with the unmasking of the apoptotic potential of DER by SAHA (Table 2). Levels of cleaved PARP and the ratio of BAX/BCL-2, indicators of apoptosis induction and the pro-apoptotic potential of the environment, respectively, were markedly elevated in the SAHA + DER group in comparison to the DER group (Table 2). This is consistent with the changes in acetylation patterns reported (Table 1) and the effects of HDAC inhibitors on p53 and BCL-2 (36–38). It is noteworthy that cleaved caspase-3 did not follow this pattern of induction. Whether this is due to higher levels of activated caspase-3 inhibitor, XIAP, which was induced in the SAHA + DER group, remains to be determined. If in fact, HDAC inhibitors do permit greater induction of apoptosis by DER, which is consistent with the cancer multiplicity data in the SAHA + DER release group, it will be critical to determine the basis of selectivity in deleting transformed foci of cells.

Metabolic regulation

Patterns of protein acetylation are known to be involved in regulating many aspects of cellular function including energy metabolism with a particularly strong causal link-age existing class III HDACs, the sirtuins, which are activated by NAD+. Presumably, DER induces SIRT1 due to its effect on the NAD/NADH ratio and the energy charge of the cell, although this has not been investigated in cancer models, and many argue that DER mediates effects on systemic factors and that it does not directly impact energy metabolism in peripheral tissues such as the mammary gland (39). Those arguments aside, DER induced higher levels of SIRT1 in mammary carcinoma without affecting cellular content of HDAC1 (Table 1). Hence, a direct effect of DER in the target tissue is apparent and might signal that energy metabolism is perturbed in these carcinomas. Consistent with published work, SAHA was observed to reduce cellular levels of SIRT1 as well as HDAC1, which, in itself would be expected to reduce protein deacetylation.

The clear indication from the literature is that HDACs, at least class III, may play a role as intracellular energy sensors (12). Given our published evidence that a major site of the impact of DER on cancer is via highly conserved intracellular energy sensors and that the mTOR-related network of proteins is involved in mediating the anti-cancer activity of DER, the effects of the various interventions on mTOR-related signaling were assessed. SAHA downregulated mTOR activity at each node that was studied (Table 3). While the magnitude of the effect was not as robust as DER, the effects were nonetheless statistically significant. Such activity has not previously been attributed to SAHA, but patterns of acetylation have been noted to affect mTOR activity, although not in mammary carcinomas (40). What was striking about the effects of SAHA is that it suppressed activated Akt in the absence of any effect on plasma levels of fasting insulin, IGF-1, IGFBP3, or glucose (Table 4). SAHA also induces activation of AMP activated protein kinase, an effect that might be associated with its induction of plasma adiponectin levels, as adiponectin is known to activate AMPK. Thus, SAHA and perhaps other HDAC inhibitors may represent a new category of energy restriction mimetic agent (41). DER-induced effects on both circulating factors and mTOR-related signaling were consistent with previous reports. However, there was little evidence that SAHA + DER altered circulating factors or the activity of mTOR-related signaling nodes that would suggest combinatorial effects on this network, a network that is misregulated in the majority of human breast cancers (42–45).
Limitations
A limitation of the work reported is the number of acetylation sites and HDACs that were accessed. Nonetheless, the findings provide valuable information that can be used to guide future experiments. Another limitation was the duration of time that the SAHA + DER group was monitored following release from treatment, as it could be argued that what was observed was due to a delay in tumor emergence rather than the deletion of transformed foci of mammary epithelial cells.

Translational significance
The identification of short-term intervention strategies that can render long-term protection against cancer would meet a critical public health objective. Given the episodic nature and high prevalence of dieting in the human population (46), efforts to identify agents that could be coupled with dieting to induce deletion of transformed foci of cells from a tissue could have high clinical impact. The evidence reported herein, particularly with regard to indicators of apoptosis and the machinery that regulate the intrinsic pathway of apoptosis induction, indicate that further investigation of HDAC inhibitors in combination with DER is warranted. A focus on inhibitors of class III HDACs is of interest given their involvement in the cellular stress response, apoptosis, and energy metabolism.

Disclosure of Potential Conflicts of Interest
No potential conflicts of interest were disclosed.

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Analysis and interpretation of data (e.g., statistical analysis, biostatistics, computational analysis): Z. Zhu, W. Jiang, H.J. Thompson
Writing, review, and/or revision of the manuscript: Z. Zhu, W. Jiang, J.N. McGinley, H.J. Thompson
Administrative, technical, or material support (i.e., reporting or organizing data, constructing databases): Z. Zhu, W. Jiang, J.N. McGinley
Study supervision: Z. Zhu, W. Jiang, H.J. Thompson

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1. Thompson HJ, McTiernan A. Weight cycling and cancer: weighing the duration of time that the SAHA + DER group was used to guide future experiments. Another limitation was


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